Substance Abuse Prevention Skills Training Agenda

Agenda: Sessions 1 – 4

**Session 1**

* An Introduction to the SAPST
  + Training Overview and Logistics
* Setting the Foundation: From Theory to Practice
  + Behavioral Health
  + Continuum of Care
  + Public Health Approach
  + Risk and Protective Factors
  + Developmental Perspective
  + Introduction to the Strategic Prevention Framework

**Session 2**

* Strategic Prevention Framework
  + Step 1: Assessment
  + Step 2: Capacity

**Session 3**

* Strategic Prevention Framework
  + Step 2: Capacity (cont.)
  + Cultural Competence
  + Step 3: Planning

**Session 4**

* Strategic Prevention Framework
  + Sustainability
  + Step 4: Implementation
  + Step 5: Evaluation
  + Bringing It All Together