Substance Abuse Prevention Skills Training Agenda

Agenda: Sessions 1 – 4

 **Session 1**

* An Introduction to the SAPST
	+ Training Overview and Logistics
* Setting the Foundation: From Theory to Practice
	+ Behavioral Health
	+ Continuum of Care
	+ Public Health Approach
	+ Risk and Protective Factors
	+ Developmental Perspective
	+ Introduction to the Strategic Prevention Framework

**Session 2**

* Strategic Prevention Framework
	+ Step 1: Assessment
	+ Step 2: Capacity

**Session 3**

* Strategic Prevention Framework
	+ Step 2: Capacity (cont.)
	+ Cultural Competence
	+ Step 3: Planning

**Session 4**

* Strategic Prevention Framework
	+ Sustainability
	+ Step 4: Implementation
	+ Step 5: Evaluation
	+ Bringing It All Together